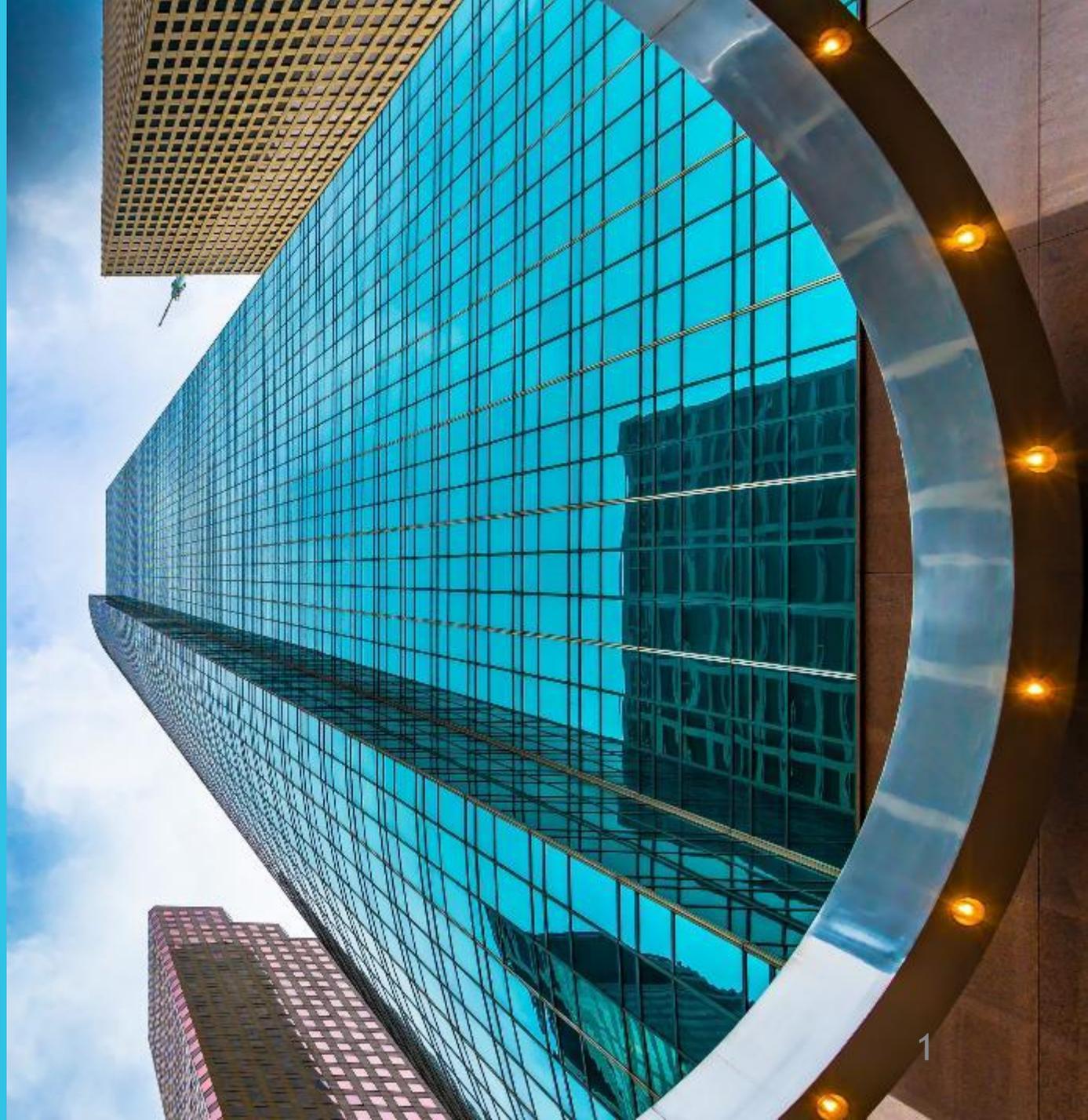




# Franchises Under Fire: Securing Your Business From Cybersecurity Threats

March 17, 2026





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# Agenda

- Threat Landscape
- Cost of a Data Breach
- AI Security Risks
- Cybersecurity Services
- Micro Risk Assessment
- Questions & Answers





# Today's Cyber Threat Landscape

2.6 Billion Records Were Lost, Stolen, or Exposed In 2025, a 23% increase over 2024

3,322 Publicly Disclosed Data Breaches In 2025

2025 Average Breach Cost:  
Global: \$4.44M  
USA: \$10.88M

43% of Cyber Attacks Target Small Organizations

91% of Breaches Are the Result of Phishing Attacks

82% of Data Breaches Involved Data Stored in the Cloud

Ransomware attacks cause an average of 21 days of downtime

2025 Average Days to Detect a Breach: 181  
2025 Average Days to Contain a Breach: 60

Statistics from the IBM Ponemon Data Breach Report, CSHub, KnowBe4, and CompariTech



# “Once More Unto the Breach”

- William Shakespeare, 1599  
- Kevin Ricci, last Tuesday





# Franchise Horror Stories

cybernews<sup>®</sup>

Home » Cybercrime

## Albert Heijn franchisee targeted by ransomware attack, passports and personal information stolen

Published: 24 October 2025 · Last updated: 24 October 2025

Anton Mous, Senior copywriter/journalist



Image by Cybernews.

Facebook, X, YouTube, LinkedIn, Reddit

SC Media  
A CISA Resource

CISO STORIES TOPICS TOPIC HUBS EVENTS PODCASTS

Breach, Data Security

## Over 144K affected by Manpower franchise breach

August 13, 2025

By SC Staff



(Adobe Stock)

WIRED SECURITY POLITICS THE BIG STORY BUSINESS SCIENCE CULTURE REVIEWS

ANDY GREENBERG SECURITY JUL 9, 2025 3:28 PM

## McDonald's Exposed Millions of Applicants' Data Who Tried to Get '123456'

Basic security flaws left millions of McDonald's "McHire" site built by

C-STORE DIVE Deep Dive Opinion Library Events Press Releases Topics

DIVE BRIEF

## Circle K's largest US franchisee hit by data breach

Gas Express, which operates about 160 locations, reported that some names, social security numbers and driver's license numbers in its system were compromised.

Published Jan. 24, 2025

Brett Dworski Senior Reporter

in f X Print Email



Gas Express LLC, the largest franchisee of Circle K locations in the U.S., has been hit by a data breach. Retrieved from [Couch-Tand](#).

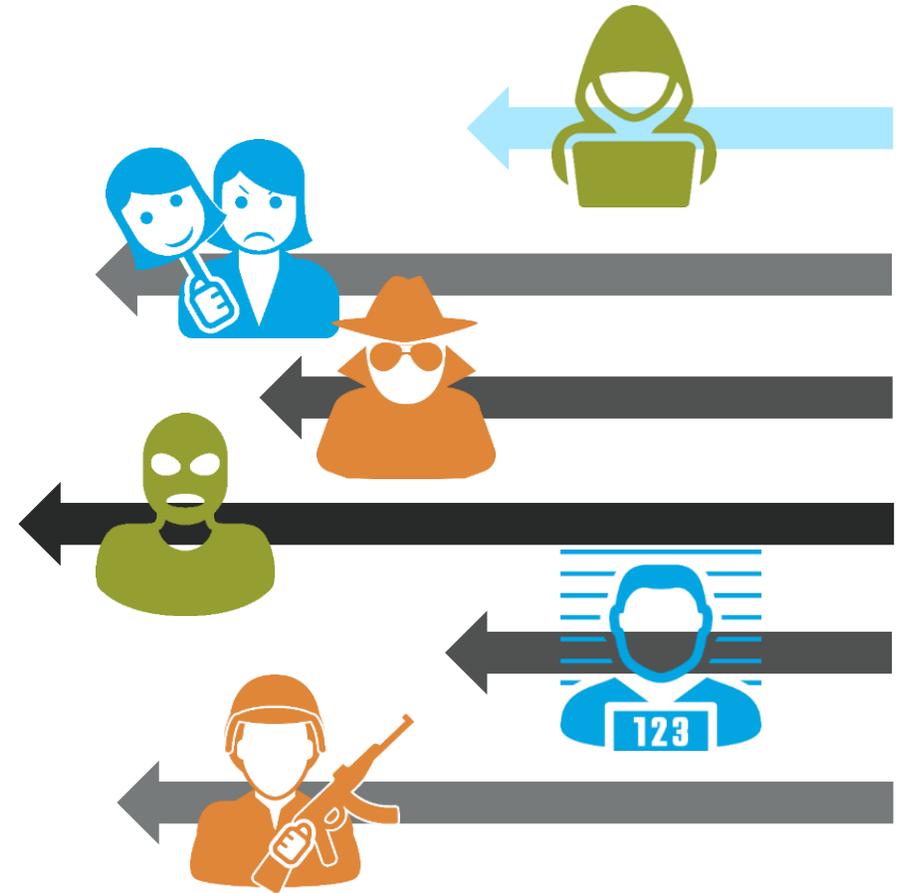
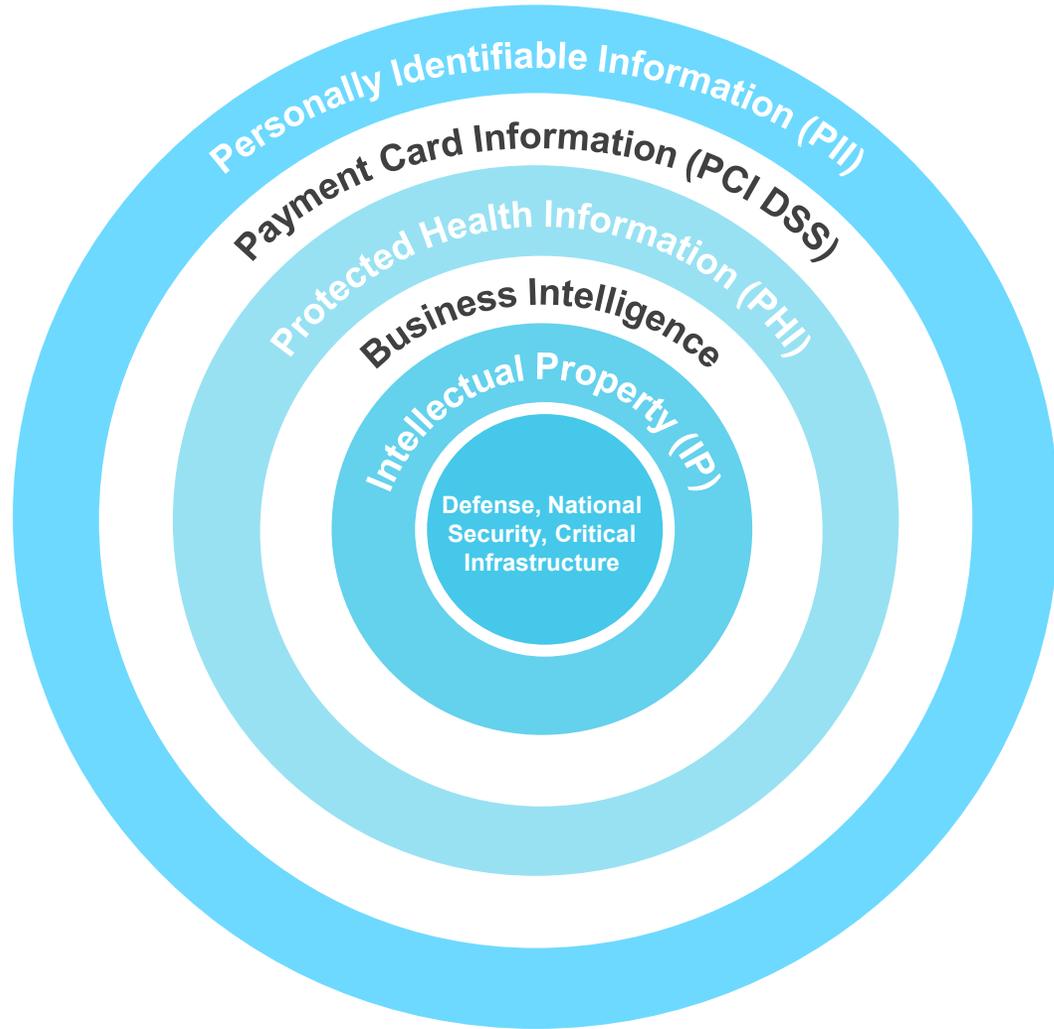


# Let's Look Under the Hoodie

|         | HACKTIVISM   | CRIME  | INSIDER  | ESPIONAGE  | TERRORISM  | WARFARE   |
|---------|--|--|--|--|--|---|
| THREATS |             |                                     |                             |   |                     |    |
| ACTIONS | Hackers might use computer network exploitation to advance their political or social causes. | Individuals and sophisticated criminal enterprises steal personal information and extort victims for financial gain. | Insider threat actors typically steal proprietary information for personal, financial, or ideological reasons. | Nation-state actors might conduct computer intrusions to steal sensitive state secrets and proprietary information from private companies. | Terrorist groups might seek to sabotage the computer systems that operate our critical infrastructure. | Nation-state actors might attempt to sabotage military and critical infrastructure systems to gain an advantage in the event of conflict. |



# Motivations & Incentives





- Fines and penalties
- Technology expenditures
- Forensics
- Legal counsel
- Notification
- Downtime
- Reputational

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## Cost of a Breach





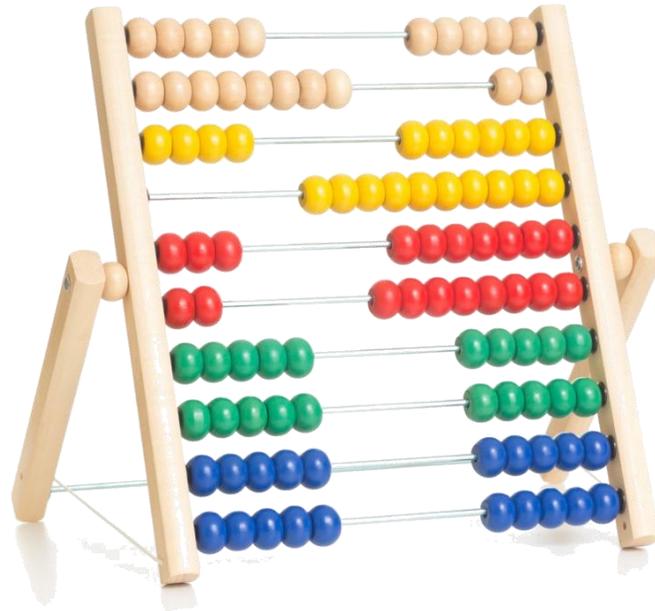


# AI Threats Are Anything But Artificial

- Instant generation of sophisticated social engineering attacks
- New strains of malware can be generated with minimal effort and coding skills
- Criminals have set up fake websites that appear to host legitimate AI tools
- Data poisoning attacks
- AI has supercharged the deepfake capabilities used by cybercriminals
- There are limited safety mechanisms in place to prevent the upload of sensitive information to AI chatbots, which are susceptible to hackers



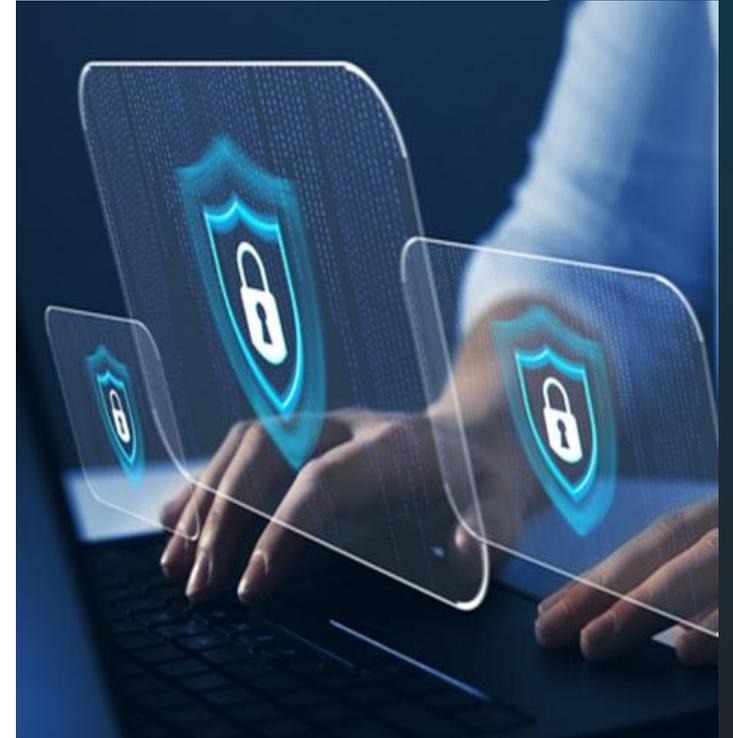
# Plan A: Go Old School





# Plan B: Implement Cybersecurity Best Practices

- Assess, remediate, repeat
- Password hygiene and MFA
- Work from home defenses
- Continuous monitoring
- TPRM and SOC Reports
- Update your technology
- Penetration and vulnerability tests
- Incident response preparation
- Viable backups
- Training, policies, and phishing simulations





# Spear Me the Details

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- Phishing has evolved into spear phishing
- The email appears safe but has a sinister purpose
- Awareness and education are the best weapons against this threat



# A King's Ransom



- Dangers of ransomware
  - Encryption
  - Data is publicly exposed
- Dangers of paying
- Ransoms can be negotiated





# Gone Phishin'



- The key question to ask when receiving an email that asks you to provide sensitive information, click on a link or open an attachment:

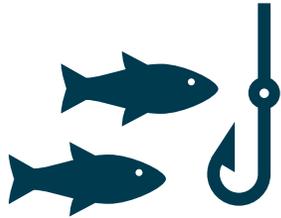
*Did I expect this request from this person at this time?*

- If you are not 100% certain that the answer is “yes”, contact the sender by phone or in a separate email





# Getting Off The Hook



- Look for suspicious indicators
- Inspect the sender's email address
  - [INFO@FRANCHISE.org](mailto:INFO@FRANCHISE.org)
  - [INF0@FRANCH1SE.org](mailto:INF0@FRANCH1SE.org)
- Enable warning banners for external senders

**WARNING: This email originated from outside the organization.**
- For many companies providing spear phishing training, they do not cover the other modes of social engineering:
  - [Smishing](#) is an attack via text (SMS) message
  - [Vishing](#) is a voice attack via a phone call
  - [Quishing](#) is an attack via a QR code



# Spear Phishing Red Flags

## FROM

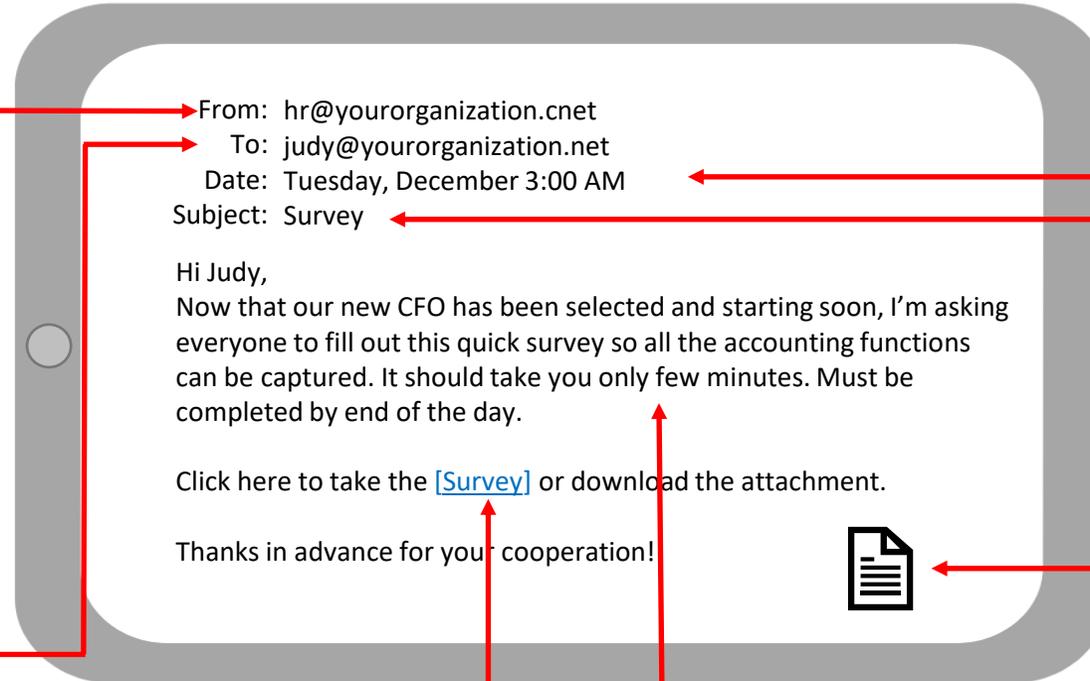
- I don't recognize the sender's email address as someone I **ordinarily communicate with**.
- This email is **from someone outside my organization, and it's not related to my job responsibilities**.
- This email was sent from **someone inside the organization** or from a customer, vendor, or partner and is **very unusual or out of character**.
- Is the sender's email address from a **suspicious domain** (like micorsoft-support.com)?
- **I don't know the sender personally** and they **were not vouched for** by someone I trust.
- **I don't have a business relationship** nor any past communications with the sender.
- This is an **unexpected or unusual email** with an **embedded hyperlink or an attachment** from someone I haven't communicated with recently.

## TO

- I was cc'd on an email sent to one or more people, but **I don't personally know** the other people it was sent to.
- I received an email that was also sent to an **unusual mix of people**. For instance, it might be sent to a random group of people at my organization whose last names start with the same letter, or a whole list of unrelated addresses.

## HYPERLINKS

- I hover my mouse over a hyperlink that's displayed in the email message, but **the link-to-address is for a different website**. (This is a **big red flag**.)
- I received an email that only has **long hyperlinks with no further information**, and the rest of the email is completely blank.
- I received an email with a **hyperlink that is a misspelling** of a known website. For instance, www.bankofarnerica.com-- the "m" is really two characters-- "r" and "n."



## DATE

- Did I receive an email that I normally would get during regular business hours, but it was **sent at an unusual time** like 3 a.m.?

## SUBJECT

- Did I get an email with a subject line that is **irrelevant** or **does not match** the message content?
- Is the email message a reply to something I **never sent or requested**?

## ATTACHMENTS

- The sender included an email attachment that **I was not expecting** or that makes no sense to me in relation to the email message. (This sender doesn't ordinarily send me this type of attachment.)
- I see an attachment with a possibly **dangerous file type**.

## CONTENT

- Is the sender asking me to click on a link or open an attachment to **avoid a negative consequence** or to **gain something of value**?
- Is the email **out of the ordinary** or does it have **bad grammar** or **spelling errors**?
- Is the sender asking me to click on a link or open an attachment that **seems odd** or **illogical**?
- Do I have an **uncomfortable gut feeling** about the sender's request to open an attachment or click a link?
- Is the email asking me to look at a **compromising or embarrassing picture** of myself or someone I know?



# Farewell Sweet Prince

## Police arrest alleged 'Nigerian prince' email scammer in Louisiana

**USA TODAY NETWORK** Charles Ventura, USA TODAY Published 6:22 a.m. ET Dec. 30, 2017 | Updated 9:46 a.m. ET Dec. 30, 2017

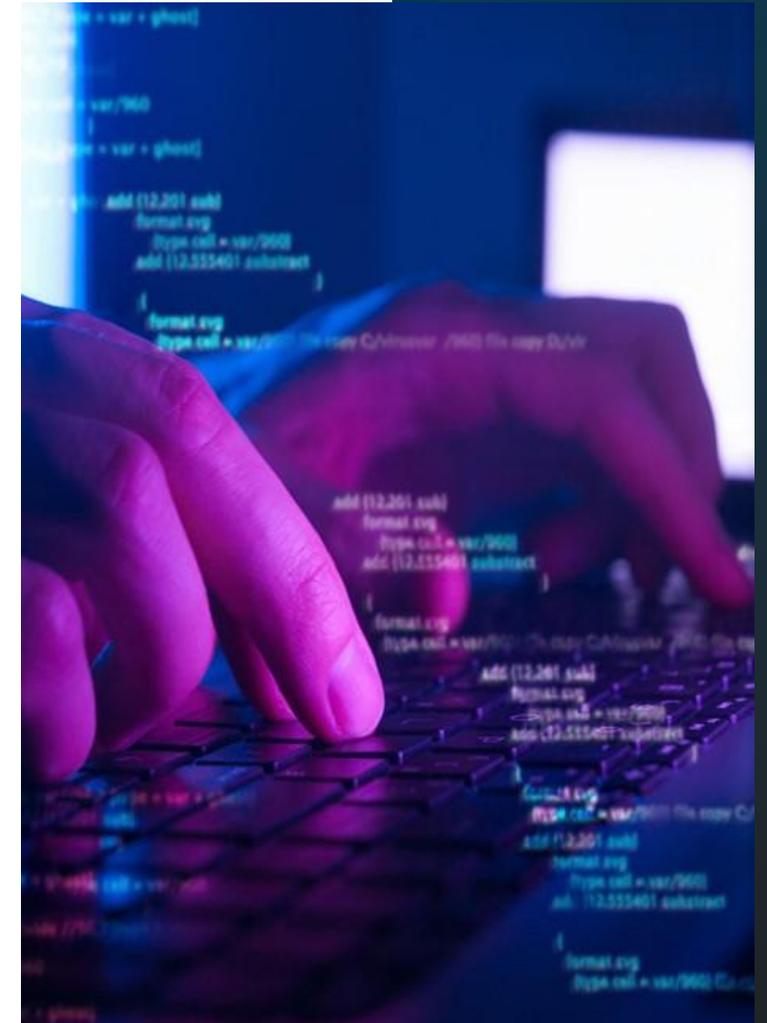


67-year-old Michael Neu of Louisiana was charged with 269 counts of wire fraud and money laundering



# Risk Advisory Services

- **Cybersecurity**
  - SCORE Report Cybersecurity Assessments
  - Vulnerability Scanning
  - Penetration Testing
    - Internal, External, Physical
  - Incident Response and Disaster Recovery Planning
  - Awareness Training and Spear Phishing Simulations
  - vCISO
- **Cyber Compliance**
  - Compliance Assessments and Validation
    - PCI DSS, HIPAA, CMMC, State Data Security
    - Policy and Procedure Development
- **Traditional Risk Advisory**
  - Internal audit (outsourced / co-sourced)
  - IT Audit
  - SOX 404
  - Third-party assurance (SOC 1, 2, 3)
  - Due diligence (internal control or IT)





# THE SCORE REPORT



SCORE Report™

Security, Compliance, and Operations Risk Evaluation

Month XX, 2024  
citrincooperman.com



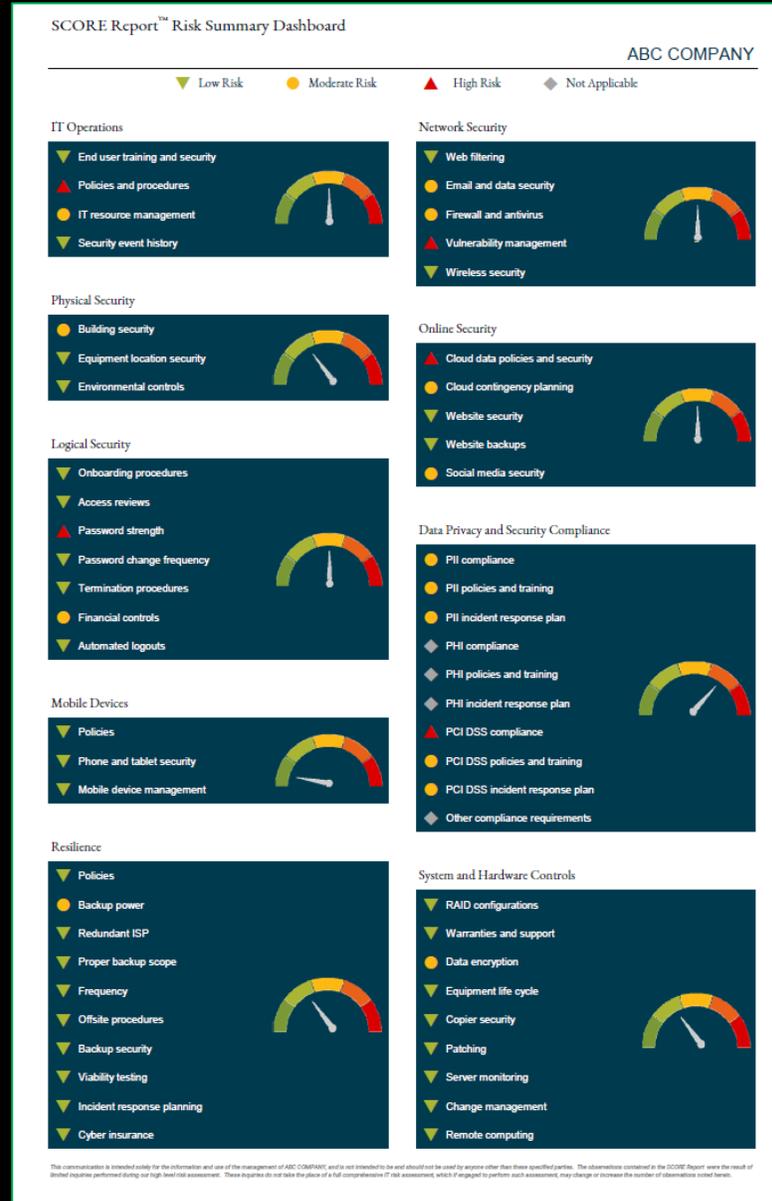
## ABC COMPANY



Confidential - For Use By Management of ABC COMPANY Only



# THE SCORE REPORT





# THE SCORE REPORT

SCORE Report™ Benchmarking

ABC COMPANY

## Overall SCORE:

76.9%

|                                      | YOUR SCORE | AVERAGE SCORE | DIFFERENCE |   |
|--------------------------------------|------------|---------------|------------|---|
| IT Operations                        | 62.5%      | 67.4%         | -4.90%     | ▲ |
| Physical Security                    | 83.3%      | 75.8%         | +7.53%     | ▼ |
| Logical Security                     | 78.6%      | 77.2%         | +1.37%     | ▼ |
| Mobile Devices                       | 100.0%     | 66.9%         | +33.10%    | ▼ |
| Resilience                           | 95.0%      | 77.8%         | +17.20%    | ▼ |
| Network Security                     | 60.0%      | 78.0%         | -18.00%    | ▲ |
| Online Security                      | 60.0%      | 69.3%         | -9.30%     | ▲ |
| Data Privacy and Security Compliance | 41.7%      | 35.7%         | +5.97%     | ▼ |
| System and Hardware Controls         | 94.4%      | 76.0%         | +18.44%    | ▼ |

This communication is intended solely for the information and use of the management of ABC COMPANY, and is not intended to be and should not be used by anyone other than these specified parties. The observations contained in the SCORE Report were the result of limited inquiries performed during our high level risk assessment. These inquiries do not take the place of a full comprehensive IT risk assessment, which if engaged to perform such assessment, may change or increase the number of observations noted herein.



# THE SCORE REPORT

## SCORE Report™ Hot Spots

ABC COMPANY

| SECTION                          | RISK   | DESCRIPTION  | SOLUTION  | RISK LEVEL |
|----------------------------------|--|--|---|------------|
| Policies and Procedures          | When users connect to email from a different location or device, two-factor authentication (e.g., entering a password as well as acknowledging a text sent to a mobile phone) is not required. | Without two-factor authentication, it would be possible for an unauthorized user to remotely access an employee's account if the password were compromised.  | Consider enabling two-factor authentication for email in order to provide greater security related to cloud applications.   |            |
| Password Strength                | There is no minimum password length requirement, no restriction on using prior passwords, and no lockout after a series of incorrect password attempts.  | A password that does not have at least an 8 character minimum length, can be used repeatedly, and is not locked out after repeated invalid attempts greatly increases the chances of the account being compromised.  | Best practices for a strong password is to enforce complexity, mandate a minimum password length of 8 or more characters, restrict usage of the last several passwords, and disable the account after a series of invalid login attempts. These requirements can be enforced throughout the Company using a Group Policy Object (GPO).  |            |
| Vulnerability Management         | Penetration tests and/or vulnerability scans are not performed on a periodic basis.  | Without penetration testing or vulnerability scanning, network vulnerabilities (e.g., misconfigured firewalls or unpatched servers) may not be identified, allowing attackers a means to gain access to the network.   | Conduct penetration tests or vulnerability scans on a regular basis to simulate what an attacker would have access to and, based on the results, address any vulnerabilities that are identified.   |            |
| Cloud Data Policies and Security | A System and Organization Controls (SOC) report has not been obtained and reviewed for key cloud hosting companies.  | Without obtaining and reviewing a SOC report from the cloud hosting company, there is no way to determine whether or not the proper controls are in place that are required to provide adequate security.  | Consider obtaining a SOC report for each cloud-hosted application and conducting a review, with added focus on the section covering complimentary controls, which explains what the Company needs to do to achieve the control objectives. Repeat this process on an annual basis and keep the SOC report on file after reviewing it and confirming that the Company is executing their responsibilities. |            |
| PCI DSS Compliance               | The Company is not compliant with the Payment Card Industry Data Security Standards (PCI DSS).   | By accepting credit cards, the Company is required to comply with PCI DSS. Not having proper security controls in place increases the risk of cardholder data being compromised. If a data breach occurs, the fines and penalties, potential inability to accept credit cards until compliant, damage to reputation, and ongoing increased compliance requirements, among other ramifications, can significantly impact an organization. | Perform a Gap Assessment to identify all missing elements in accordance with PCI DSS, as outlined by the Company's associated PCI DSS self-assessment questionnaire (SAQ). Remediate all gaps and implement a plan for continued compliance going forward. Maintain a repository of all PCI-related screen captures and other backup documentation and update them as settings or documentation changes.  |            |



# THE SCORE REPORT

SCORE Report™ - Supplemental Resources

ABC Company

| RESOURCE  | DESCRIPTION   | ESTIMATED COST                             |
|---|---|--|
| Cybersecurity Training and Spear Phishing Campaign                | Development of customized, on-demand employee multimedia cybersecurity training and a year-long spear phishing campaign to test users' ability to identify email attacks          | \$9,500 (90 users)                         |
| Simulated Attack Campaign   | External penetration testing and vulnerability scanning of Company's on-premise servers and network environment   | \$8,500<br>(pending confirmation of scope) |
| Disaster Recovery and Incident Response Planning                  | Bank of 20 hours to assist with the development of a disaster recovery and incident response plan   | \$6,500                                    |
| Payment Card Industry Data Security Standard (PCI DSS) Compliance | Bank of 20 hours to assist with identifying PCI requirements and developing a path to meet regulation requirements  | \$6,500                                    |
| State Data Security Regulation Compliance                         | Bank of 25 hours to assist with achieving compliance with the Massachusetts data security regulations, including the development of a Written Information Security Program (WISP) | \$7,000                                    |
| IT Policies   | Bank of 10 hours to assist with policy development and review (e.g., mobile, remote computing, etc.)  | \$3,000                                    |
| Review of System and Organization Controls (SOC) Report           | Bank of 10 hours to assist with review of SOC Reports for cloud hosting services, with a focus on the complementary user entity controls.   | \$3,000                                    |



# 60 Second Cyber Assessment

1. For remote connectivity and cloud applications, is multi-factor authentication required?
2. Do you perform viability testing on your backups on a periodic basis?
3. Do you provide security awareness training as part of the onboarding process?
4. Do you periodically test your end users' ability to detect and avoid spear phishing attacks?
5. For each of your critical cloud applications, do you request and review a System and Organization Controls (SOC) report?
6. Are key IT procedures and credentials documented and accessible by trusted and authorized members of the Company?
7. Do you have a third-party risk management system to evaluate your vendor's cybersecurity efforts?
8. If you accept credit card payments, is your business compliant with the Payment Card Industry Data Security Standard (PCI DSS)?
9. Are your servers and workstations running operating systems that are supported by the vendor (e.g., Server 2008 or Windows 10)?
10. Do you perform penetration tests or vulnerability scans on a periodic basis?



# 60 Second Cyber Assessment

**Number of “YES” Answers**

**Risk Level**

10



7 - 9



4 - 6



0 - 3





# Questions?

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FOCUS ON WHAT COUNTS

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